JAN EVANGELISTA PURKYNĚ UNIVERSITY IN ÚSTÍ NAD LABEM

INCOMING STUDENT GUIDE

Jan Evangelista Purkyně University in Ústí nad Labem





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INTRODUCTION

Dear students,

we are happy, that you chose Jan Evangelista Purkyně University in Ústí nad Labem for your Erasmus+ study stay. In this guide, you will find some basic information about our university, the city of Ústí nad Labem and about the Czech Republic.

We hope, that you will find this guide beneficial, that it will help you with your preparation and also during your first days of study stay at Jan Evangelista Purkyně University.





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BEFORE YOUR ARRIVAL

#czechrepublic

ABOUT THE CZECH REPUBLIC

The Czech Republic (somewhere can be found as Czechia) is a small country (about 79 000 km2) in the central Europe. Our neighbours are - Germany, Austria, Poland and Slovakia. With Slovakia, we used to be a part of a country called Czechoslovakia. Our national currency is CZK - Czech crown, and



own, and our national language is Czech - čeština, but do not worry, your English will be useful here too. If you want to learn Czech, we offer courses before the semester starts and even during semester, and they are free of charge S.





In the Czech Republic, we have 14 regions (Ústí nad Labem (Ústí) is the main city of the Ústí region) and the capital city of Czech Republic is Prague. Prague is a beautiful city with a lot of sights (due to our history) and is about 100 km far from Ústí. There is also a railway connection between Ústí and Prague, so if you want, you can visit it very easily.

Weather in the Czech Republic is quite similar for the whole central Europe, hot days during summer and cold days in winter (snow and frost is usual in all parts of our

country, and we have ski slopes and cross country ski areas close to Ústí too!).

Czech Republic is a beautiful country with friendly people, nice and old sights and nature, so you should definitely make some time (when you do not have lessons on UJEP, of course ⁽³⁾) and travel during your Erasmus too.

If you want to try some typical Czech meal, look for - svíčková (Sirloin sauce), vepřo - knedlo - zelo (Pork, Cabbage, Dumplings) or smažený sýr (Fried Cheese). If you have a sweet tooth, try koláče (Cake) or štrůdl (apple strudel) ©.

IMPORTANT - NATIONAL HOLIDAY

- January 1st New Year's Day, Restoration Day of the Independent Czech State
- **Good Friday** Friday before Easter Sunday (Sunday following after the first spring full moon)
- Easter Monday Monday after the Good Friday and Easter Sunday
- May 8th Liberation Day
- July 5th St. Cyril and St. Methodius Day
- July 6th Jan Hus Day
- September 28th St. Wenceslas Day- Day of the Czech statehood
- **October 28th** Independent Czechoslovak State Day
- November 17th Freedom and Democracy Day-The Velvet Revolution
- December 24th Christmas Eve
- December 25th Christmas Day First Christmas Holiday
- December 26th 2nd Day of Christmas Second Christmas Holiday

November 17th

Freedom and Democracy Day- The Velvet Revolution

December 24th

Christmas Eve

Good Friday

Friday before Easter Sunday (Sunday following after the first spring full moon)

IMPORTANT - BASIC CZECH PHRASES



THE CITY OF ÚSTÍ NAD LABEM

Ústí nad Labem is the capital city of the Ústí Region. Its history is connected with coal mining and industry, due to the river Labe and its location close to the German borderline (Dresden is about 40 minutes by train, for example).

You may ask, why are there almost no historical monuments in the city centre? Well, it is because the old centre was destroyed by bombs during the Second World War. But, do not worry, there is a sight that you might find interesting, it is a church right next to the shopping centre OC Forum, and if you stand right in front of it, you can see that it is not narrow (it is really strange!).



We know, that here in Ústí we do not have many historical sights, but if you are a nature lover, you will be happy here, believe us! Around Ústí, you can find many hills, lookouts, forests and even two mountains and a national park. Krušné Hory - The Ore Mountains, České Středohoří (do not try to pronounce it in Czech) - Czech Central Mountains, and National Park České Švýcarsko - Czech Switzerland. If you are a fan of rocks and rock climbing, the beautiful stone city in Tisá (as a part of the Labe Sandstones and also a location of The Chronicles of Narnia) is about 20 minutes far from Ústí.

If you are not a nature lover, do not worry, we have something for you too. Ústí has a lot of cafés, restaurants and shops as well ③.

UJEP - JAN EVANGELISTA PURKYNĚ UNIVERSITY IN ÚSTÍ NAD LABEM JAM EVANGELESTA PURKYNĚ UNIVERSITY IN ÚSTÍ NAD LABE

Our university was established in 1991. Those of you, who got accepted to the Faculty of Education, congratulations ⁽²⁾! You will study at the oldest part of our university, which was established even before the university itself.

You may wonder, why is our university called Jan Evangelista Purkyně university, well, that is because there was a famous scientist (also a biologist and physiologist), who was born near Ústí and we are glad, that our university can bear his name.

Our university offers a wide variety of study programmes (about 65) and specializations (about 192), and we currently have about 8000 students and almost a thousand employees.

Our motto is – UJEP, you will find yourself here! And we believe it C. That is also why we have 8 faculties, so our students have a lot to choose from (because sometimes they are not sure what to look for C).



The faculties are:

Faculty of Art and Design https://fud.ujep.cz/Faculty of Arts http://ff.ujep.cz/Faculty of Education https://www.pf.ujep.cz/cs/Faculty of Environment https://www.fzp.ujep.cz/Faculty of Health Studies https://fzs.ujep.cz/cs/Faculty of Mechanical Engineering http://www.fsi.ujep.cz/Faculty of Science https://prf.ujep.cz/cs/Faculty of Social and Economic Studies https://www.fse.ujep.cz/cz/



IMPORTANT

- · our semester usually lasts 13 or 14 weeks
- winter semester begins at the end of September
- summer semester begins in the first half of February
- our ECTS grades are defined as A, B, C, D, E, F (when A is excellent and F means you failed the exam - but we do not want that! ⁽²⁾).

CAMPUS OF JAN EVANGELISTA PURKYNĚ UNIVERSITY, PASTEUROVA 3544/1, ÚSTÍ NAD LABEM



ERASMUS STUDENT NETWORK USTI – ESN USTI

Congratulations! Our university is a proud host of the Erasmus Student Network (they are definitely not in every university, so we are happy to have them here in Ústí!). This volunteer non-profit organization is here to represent international students, to provide opportunities for cultural understanding and self-development under the principle of Students Helping Students.

What does it really mean? That you can have a friend here, a buddy, who will help you both in your first days in Ústí and during the whole semester, that you can also participate in events, trips and other activities organized by ESN Usti, you can learn more about the Czech Republic and last (but probably most important) you can make new international friends easier ©!



Who wants a buddy? I am sure that you do!

So make sure, that you will register at ESN Usti website (https://www. esn-usti.cz/im-exchange-student), or on their Facebook page (https:// www.facebook.com/esnusti), or you can just simply write them e-mail (info@esn-usti.cz) and we are pretty sure, that you will get a buddy soon!



If you are a student from the European Union, Norway, Switzerland, Liechtenstein and Iceland, that is awesome! You do not need a visa to study in the Czech Republic, we just want to see your ID after your arrival ©.



If you are from different (non EU) country, please find out all necessary information about visa procedure before your arrival (more information is available on our website- https://www.ujep.cz/en/visa-information and on the website of Ministry of Foreign Affairs- https://www.mvcr.cz/mvcren/article/third-country-nationals-third-country-nationals.aspx).



INSURANCE

This chapter might be pretty boring, but unfortunately, it is really important, so please read it carefully! ©

In general, you as foreign students are obliged to have a valid medical insurance for the whole stay at our university. You will have to present the confirmation of the medical insurance before the registration at the study department of the appropriate faculty, or at the International Office after your arrival.

IF YOU ARE FROM EU, you will present the European Health Insurance Card. But, that is not all, you still have to register at the health insurance company called Všeobecná zdravotní pojišťovna- https://www.vzp.cz/kontakty/pobocky/ usti-nad-labem (Mírové náměstí 35/C, Ústí nad Labem, office hours Monday and Wednesday 8 a.m. – 5 p.m., Tuesday and Thursday 8 a.m. – 3 p.m., and Friday 8 a.m. – 2 p.m.). So can be sure, that if something happens, you got your back covered ©!

If you are not confident enough to go there by yourself, do not worry and ask a buddy to go there with you ⁽²⁾.

IF YOU ARE NOT FROM EU, BUT FROM ALBANIA, CROATIA, MACEDONIA, MONTENEGRO, TUNISIA, TURKEY OR SERBIA, as result of being part of the International Treaty on Cooperation in the Area of Health and Social Security, medical travel insurance is not required, however, if you are included in this exception and if you are staying in the Czech Republic longer than 90 days have to present the E111 form.

You also have to register at the health insurance company called Všeobecná zdravotní pojišťovna (opening hours and website above).

IF YOU ARE NO FROM THE EU, OR FROM THE COUNTRY LISTED ABOVE, you are obliged to have a medical insurance. We recommend one of the following Czech insurance companies – Maxima, VZP, UNIQA, Ergo, or Slavia, because a medical travel insurance contract issued by any other health insurance company in English or other language has to be officially translated to Czech language. The amount of the insurance benefit (the agreed insurance benefit limit for one insurance event) must be at least 60 000 EUR, that being without an insurance retention on the amount of the given costs.

IMPORTANT

International Office will check your ID / passport, visa and insurance card / insurance agreement, during your visit in their office, so make sure you take all of this with you to the university ©!

UNIVERSITY DORMITORY

You can be happy! We are one of the universities which offers their own accommodation, so it means, that you do not have to search for it anywhere else ©. All you have to do, is to send us your application for accommodation, and you can live in Ústí!



We usually have enough rooms for all of our students (foreign students included).

If you prefer some type of room or dormitory, you can add it to your application, although possibility of a single room always depends on available capacity!

Rooms are furnished, they have pillows and blankets, fridge and some of them their own electric cookers ©. There are also fully equipped kitchens on almost every floor of K1 dormitory, so if you are a fan of baking, do not worry, it will also be possible!

THE ACCOMMODATION COSTS ABOUT 3000 CZK / PER MONTH (APPROXIMATELY 120 €).

Our dorms also offer: washing machines (clothes horses and flatirons are available and be borrowed), common rooms with TV, piano rooms, table football, computer rooms, etc. ©

There are also some sports activities available at the dormitory, and the ESN Usti office is there as well!



IMPORTANT

Around dorms, there are a few restaurants (including one Italian, Mexican and one with bowling area) and bars. There is also a fitness centre, jump arena and a supermarket.

INTERNET

If having no internet connection is a nightmare to you, sleep well, you will not have such a problem here in Ústí.

One thing that you need for the internet connection, is your student number (we will tell you how to get it later), with your student number, you can connect to the Wi-Fi, which is available at the whole university and to the cable internet at the dormitory as well.

If you will not bring your own computer, there are computers to use at every faculty and also at the university library.



IMPORTANT

Do not forget to bring your own internet cable so you can connect to the internet at the dormitory.

How to connect? Just look at the information available here: http://kolejnet.ujep.cz/doku.php?id=en:start

AFTER YOUR ARRIVAL HOW TO GET TO ÚSTÍ?

There are a few ways how to get to Ústí. If you have a car (and you will arrive by it) you might want to use highway number D8, which goes to Ústí from Prague, and continues to Germany.

If you arrive to Czech Republic by plane, the closest (and also the one most widely used) is the Václav Havel Airport Prague (Letiště Václava Havla Praha). From this airport, you can use the Airport Express - a bus which goes directly from the airport to Prague main train station- Praha Hlavní nádraží (tickets are available in the bus).



The train goes to Ústí almost every hour (although there might be longer intervals between trains in the evening), and you want to buy ticket to Ústí nad Labem Hlavní nádraží (Ústí nad Labem main train station).

IMPORTANT

Train, bus and city transport schedules are available at the IDOS website https://idos.idnes.cz/en/vlakyautobusy/spojeni/?lng=e

HOW TO GET TO DORMS AND TO THE UNIVERSITY?

When you arrive to Ústí, in the best case, your buddy will be waiting there for you (at the train station, usually). If not, do not worry! It is not so hard to get to the dormitory (or to the university, but we are sure that you want to put aside your suitcase first ©).

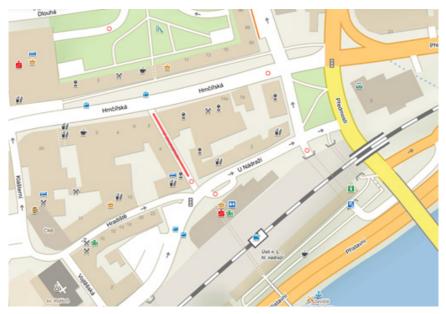
So, how to get to the dormitory? You can walk, but it is not that close ©. So you might want to use the public transport.

First of all, you need to buy a valid ticket. There are few selectable options, but you just need to buy an adult ticket for 45 minutes (other options are for different purposes). You can buy the ticket in the ticket machine, at any newspaper stand or from the driver of bus / trolley bus.

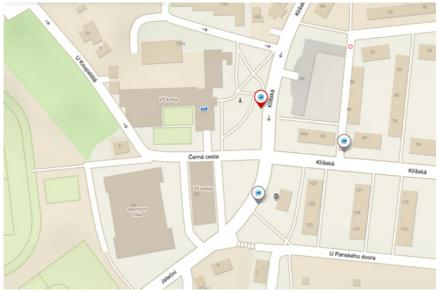
The price is around **20 CZK** (in 2020 it was 18 CZK), but it can be more expensive if you buy it from the driver (around 25 CZK).

Do you have your ticket? Great, you can **catch a trolley bus (or bus)**, **mark your ticket and go directly to the dorms!**

The closest station from the main train station in Ústí is called: Mírové náměstí, and it is about 3 minutes walk from the train, if you go straight through the V Jirchářích street.



You can use trolley buses number **52**, **58**, **59** and buses number **9**, **17**, **2**, **27** and go directly to **Klíše lázně** station.



If you are not sure, how much you need to hurry to catch a connection to dorms (and you have internet access in your phone) you might want to use the IDOS website, and find there your first available bus / trolley bus - https://idos.idnes.cz/en/vlakyautobusymhdvse/spojeni/ (and do not worry, it is in English [©]).

The same instructions (how to find a bus / trolley bus, and how to buy a ticket) are applicable even if you want to go to the university first (although, we recommend to go to the dormitory O), you can use trolley buses number **52**, **58**, **59** or buses number **11**, **23**, **7**, **2**. Just get off at the station called Kampus.



HOW TO GET ACCOMMODATED?

As soon as you get accepted to our university, we will send you all information about accommodation at our dormitory. In general, it does not matter which day of week you will arrive (as far as you follow the official dates that are in your letter of acceptance) because there is a 24/7 reception with an official list of accepted students, so you do not have to worry, they know about you [©].

If you arrive during out of the office hours of the Accommodation Office, you will just pay the deposit (in CZK or EUR) at the reception and get keys immediately. Next day, you have to go to the Accommodation Office to sign the accommodation agreement, pay the rent (you can do this by CZK in cash, card or bank transfer) and get your room for the whole semester.

If you arrive during office hours of Accommodation Office, you will just follow the steps described above.



FIRST STEPS - TO THE INTERNATIONAL OFFICE

As we already told you, your first steps in Ústí (after getting accommodated) should lead to our international office - in campus of our university (Pasteurova street 3544/1, rector's building, office number 1.12).

What should you take with you?

• If you are a non-EU citizen, please take your passport, visa, health insurance agreement and money for student / ISIC card

• If you are an EU citizen, please take your ID (passport or national ID), health insurance card and money for student / ISIC card

IMPORTANT

We will also inform the faculty coordinator about your arrival, and he / she will give you a student number. With that student number, you can connect to the Eduroam internet network at the dormitory and at the university as well.

What is the difference between student and ISIC card?

• Student card – our university student card, costs 100 CZK

• ISIC card – university student card + ISIC license (international student card), costs 280 CZK

In our office, we will check the validity of your documents, you will pay for your student card - which is necessary for you to enter dorms and university buildings, and we will tell you everything necessary for your study stay.

LAST WORDS

We hope that this guide includes important information and that it will help you in your first days here in Ústí.

If you have any questions, do not hesitate to contact your faculty coordinator or the international office (incoming@ujep.cz).

We are here for you!

Department for External Relations - International Office



IMPORTANT LINKS

University website https://www.ujep.cz/en/

University library https://knihovna.ujep.cz/en/

University dorms http://skm.ujep.cz/

All information about how to apply to UJEP https://www.ujep.cz/en/how-to-apply

Trains, buses, public transport schedules https://idos.idnes.cz/en/vlakyautobusy/spojeni/?lng=e

Foreign police of Czech Republic https://www.mvcr.cz/mvcren/ docDetail.aspx?docid=21573507&doctype=ART#12

Ministry of Foreign Affairs- General information about visa and residence permit applications

https://www.mzv.cz/jnp/en/information_for_aliens/index.html







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