Sustainable Erasmus Mobility

Faculty/Institute:	Faculty of Environment
Course title:	Sustainable Erasmus Mobility
Course code:	KZP/0SEM0
ECTS:	8
Level of course:	bachelor / master
Teacher:	Mgr. Miloslav Kolenatý
Term:	winter / summer
Language of instruction:	English
Lectures/tutorials:	0/2 per week
Completion:	a written report, a presentation of sustainable activities and practices
Course goal:	Learning about and implementing sustainable activities and practices within an Erasmus stay
Abstract:	A practical course which deals with activities and practices supporting the environmental and social sustainability of Erasmus mobilities and decreasing one's ecological/carbon footprint. The course encourages students to make conscious, informed and sustainable choices, mainly in the following areas: - travel - digitalization and technology - consumer habits - food - litter & waste (recycling, composting etc.) - pollution - energy consumption - biodiversity conservation - physical and mental health, resilience - global citizenship - local economy development - social commitment - community strengthening The course includes instructional meetings, tutorials and students' presentations of how they managed to make their Erasmus stay as sustainable as possible.